

NE Region Report

April 2014

CHNS & CNPS

Laura Cook

- Attended and presented at Growing Healthy Communities on Community Collaboration with Kim McCray
- Attended meetings at Blytheville and Osceola school districts with Kathleen Courtney and Paula Smith to discuss STD grant and responsibilities
- Attended Cross County Hometown Health meeting and presented on the Injury Prevention Reality Works Dolls, including information on Shaken Baby Syndrome, Fetal Alcohol Syndrome and Drug Exposed infants
- Immunization Update planned, scheduled and facilitated at Crowley Ridge Co-op for school nurses
- Presented on STD's, HIV, alcohol and tobacco, teen pregnancy prevention in Harrisburg FAC classes and Osceola, Rivercrest, Marked Tree, Trumann, and East Poinsett County High Schools
- Reality Works IP dolls presentation including Shaken Baby Syndrome, Fetal Alcohol Syndrome and Drug Exposed Baby included in Rivercrest, Harrisburg FACS and Osceola presentations
- Poinsett County Partners in Health planning Teen Summit and participated in the Teen Summit for Poinsett County High Schools. I presented on STD/HIV in the break out session. Other topics included at the summit were: Juvenile laws, Cyber bullying and Alcohol prevention- 4 schools in attendance: Harrisburg, East Poinsett County, Marked Tree, and Trumann

Karen Davis

- Presentation on Drinking/ Driving, Texting/ Driving, Drinking, Sex, STDs and Teen Pregnancies and Fetal Alcohol Syndrome to approx. 250: 7th – 12th graders at Black Rock School.
- Presentation on Dangers of Alcohol including FAS to 25 8th graders at Maynard School
- Presentation on STDs and Teen Pregnancy to 25 8th graders at Maynard School
- Tobacco Prevention Programs to 8th grade classes at Maynard School – Total of approximately 25 students

- Provided a Personal Care Training with Dana Bennett for the Paraprofessionals and RNs from the schools at Northeast Co-op
- Organized a Video Conference in Jackson, Randolph, Greene, Clay and Lawrence for school nurses on Immunization Updates with Paula Smith

Jennifer Lynch

- Presented to the FACS Classes at Westside High School. Presentation included Tobacco and Smokeless Tobacco, drug look alike and dangers of drugs and how to "Say NO" and prevent prescription drug abuse. We discussed the health dangers of tobacco and smokeless tobacco, drugs, alcohol, illegal and prescription drugs and provided hands on activity where students took straws and had them exercise while breathing through the straw to simulate the effects of a smoker. Watched a segment of "Tobacco, Truth or Dare" where students watched peers speak about chew tobacco and the affects that tobacco has on the body. Education on Act 811 and pre and posttest were performed on types of cancer that tobacco can cause as well as other health disparities. Presented to 5 groups - 118 students and staff were in participation.
- During the School Base Health Center site visit for the grant that Cedar Ridge School District has applied, I was able to present and educate the community and attendees about the presentations and services that the LHU, SOS Quit line, CHNS/CHPS/HE can provide within the schools and community
- Presented the ARCOP Nutrition and Physical Activity Toolkit during the ARCOP NE Regional Summit. I presented on the importance of strong nutritional and physical activity programs within the schools and communities. Promoted various grants that schools and communities can apply for to increase access to healthy foods and safe physical activity programs. Provided information on the LHU, CHNS, CHPS, and HE and how HHI can assist schools and communities and provide presentations on various health related topics and technical assistance.
- Cassie Lewis, CHNS SE Region and I met with West Memphis School District to follow up on the ARCOP Summit. They requested information regarding the JUA Grants and the ARCOP Grant. While meeting with them, I provided information on the roles of the CHPS and HE and how we can provide technical assistance and presentations within the schools. Also provided information on other grants to assist in increasing nutrition and physical activity program
- I presented to the Family and Consumer Science Classes at Westside High School. Presentation included Cyber Safety, Cyber bullying, and Bully Prevention. Provided an activity called Telephone where we started a rumor and as it went around the room, the rumor changed. This taught the students how things are misunderstood, how important good listening and why we need strong communication skills. Presentation also included Texting and Driving, Distracted Driving and GDL. Used the ACH Texting

and Driving Curriculum. Outreach Forms completed on 5 groups with 122 students and staff in participation.

- Provided technical assistance with the Poinsett County Teen Summit provided by Poinsett County Partners in Health (HHI). Also, assisted Laura Cook, CHNS, with her presentations on STDs and Sex Education to students from 4 Poinsett County School Districts
- Planning a presentation for the Arkansas Parent Coordinator/Facilitator Conference that will be held at the Wynne High School in May. I will be presenting to Coordinators and Facilitators across the state on the Wellness Toolkit, SHI and the ARCOP Early Childhood & School Health & Nutrition Toolkit. Also, will provide information regarding HHI, CHNS, CHPS and HE from all Regions

Becky Lamb

- Provided Injury Prevention and First Aid Basics to Beebe Senior Citizens
- Facilitated the Immunization Update presented by Paula Smith, State School Nurse Consultant. There were 18 (1 principal, 15 school nurses, 1 CHNS and 1 CDNS) in attendance.
- Presented 3- ATV Safety Classes at Lonoke Elementary – 375 students. Presented ATV Safety to 4th, 5th and 6th graders using the Injury Prevention tool kit, showed "A Trip Unplanned" video and discussed proper use and safety gear when operating an ATV. Strongly encouraged students to share with family members and provided school with 5 ATV Safety posters. Increased knowledge of helmet use by 25% - riding off road by 10% - single rider by 50%
- Presented an overview of the Injury Prevention Dolls at the Prairie Co. HHI Meeting
- Presented at the Augusta Safety Baby Shower: Home Safety, Sleep Safety, and Shaken Baby (Period of Purple Crying) video and doll demonstration
- Cabot HS: 9th Grade Health Classes (200 students served) 6 presentations- Presented to all 9th grade health classes about the services and all branches/offices of the health department. Helped them identify reasons to visit their local health unit and where it is located and increased knowledge of ADH services. Showed Reality Works babies including fetal alcohol, prenatal drug exposed and shaken baby and provided education on each. Discussed AR Tobacco Quit line and increased ATQ knowledge by 85%.
- Participated in the school immunization clinic at Southwest Middle School in Searcy for their 4, 5, & 6 grade students. 269 vaccinations were given

Cynthia Schaefering

- Presented the Drug and Alcohol effected Reality works dolls at Calico Rock HS
- Injury prevention/safety presentations to all 6th grade classes at Eagle Mtn. Magnet
- Partnered with Independence Grant Coordinator to present the Tobacco Puppet Show to the Cord Charlotte Elementary students
- Partnered with James Tanner, Sharp County Grant Coordinator, to present the Tobacco Puppet Show to Highland Elementary students
- Partnered with Jeanette Cooper, Fulton County Grant Coordinator, to present the Tobacco Puppet Show to Elementary students at Viola and Mammoth Springs
- Presented tobacco presentations at Southside MS. Presented on Teen Pregnancy/STD to the 7th grade students
- Presented on the Shaken Baby Syndrome Reality Works Doll to the Mammoth Springs FAC classes.
- Partnered with Renee Brink, Sharp Administrator, to provide a Safety Baby Shower.